

# Lecture 10: CS395T Numerical Optimization for Graphics and AI — Conjugate Gradient Methods (Linear)

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## 1 Disclaimer

This note is adapted from

- Section 5 of *Numerical Optimization* by Jorge Nocedal and Stephen J. Wright. Springer series in operations research and financial engineering. Springer, New York, NY, 2. ed. edition, (2006)

## 2 Basic Setting

In this section, we study how to solve the following optimization problem using conjugate gradient method

$$\underset{\mathbf{x}}{\text{minimize}} \quad -\mathbf{b}^T \mathbf{x} + \frac{1}{2} \mathbf{x}^T A \mathbf{x},$$

where  $A$  is assumed to be positive definite. Later we will replace this constraint and also consider non-linear objective functions.

**Conjugate directions.** We say a few directions  $\mathbf{p}_i, 1 \leq i \leq n$  are conjugate with respect to  $A$  if

$$\mathbf{p}_i^T A \mathbf{p}_j = 0, \quad 1 \leq i \neq j \leq n.$$

It is easy to see that when  $A = I_n$ , then conjugate directions become orthogonal directions. This means conjugate directions are essentially generalizations of orthogonal directions.

Conjugate directions also exist, for example, let the spectral decomposition of  $A$  be

$$A = U \Sigma U^T.$$

Then we can let  $\mathbf{p}_1, \dots, \mathbf{p}_n$  be the columns of  $U$ , i.e.,  $U = (\mathbf{p}_1, \dots, \mathbf{p}_n)$ , and it is easy to check that they are indeed conjugate directions. On the other hand, the set of conjugate directions are not unique.

**Fact 2.1.** *Conjugate directions are linearly independent.*

**Proof.** Suppose they are linearly dependent. This means there exist non-zero (meaning not all of them are zero) coefficients  $c_i, 1 \leq i \leq n$  such that

$$\sum_{i=1}^n c_i \mathbf{p}_i = 0.$$

It follows that

$$\begin{aligned}
0 &= \left( \sum_{i=1}^n c_i \mathbf{p}_i \right)^T A \left( \sum_{i=1}^n c_i \mathbf{p}_i \right) \\
&= \sum_{i=1}^n c_i^2 (\mathbf{p}_i^T A \mathbf{p}_i) > 0,
\end{aligned} \tag{1}$$

which leads to a contradiction.  $\square$

The conjugate directions are useful for optimization. Intuitively, in the case  $A = I_n$ , we can essentially optimize along each coordinate independently to obtain the optimal solution. This is also true in the general case. In fact, starting from an initial solution  $\mathbf{x}_0$ , we can gradually improve the solution by searching along  $\mathbf{p}_k$  at each iteration:

$$\mathbf{x}_{k+1} = \mathbf{x}_k + \alpha_k \mathbf{p}_k,$$

where

$$\begin{aligned}
\alpha_k &= \underset{\alpha}{\text{minimize}} \mathbf{b}^T (\mathbf{x}_{k-1} + \alpha \mathbf{p}_k) - \frac{1}{2} (\mathbf{x}_{k-1} + \alpha \mathbf{p}_k)^T A (\mathbf{x}_{k-1} + \alpha \mathbf{p}_k) \\
&= -\frac{1}{2} \alpha^2 (\mathbf{p}_k^T A \mathbf{p}_k) + \alpha (\mathbf{b} - A \mathbf{x}_k)^T \mathbf{p}_k \\
&= -\frac{\mathbf{r}_k^T \mathbf{p}_k}{\mathbf{p}_k^T A \mathbf{p}_k},
\end{aligned} \tag{2}$$

where  $\mathbf{r}_k := \mathbf{b} - A \mathbf{x}_k$ .

**Proposition 1.** *The procedure described above converges to the optimal solution  $\mathbf{x}^* = -A^{-1} \mathbf{b}$  in at most  $n$  steps.*

**Proof.** Define

$$\mathbf{r}_k := A \mathbf{p}_k - \mathbf{b}.$$

It is equivalent to show that

$$\mathbf{r}_k^T \mathbf{p}_i = 0, \quad 1 \leq i < k \leq n.$$

We prove this by induction. When  $k = 1$ , we have

$$\begin{aligned}
\mathbf{r}_1^T \mathbf{p}_0 &= -(\mathbf{b} - A \mathbf{x}_0 - \alpha_0 A \mathbf{p}_0)^T \mathbf{p}_1 \\
&= \mathbf{r}_0^T \mathbf{p}_0 - \alpha_0 \cdot (\mathbf{p}_0^T A \mathbf{p}_0) = 0.
\end{aligned}$$

Suppose it is true for  $1 \leq i < k \leq j$ , now let us consider  $k = j + 1$ . First of all, we have

$$\begin{aligned}
\mathbf{r}_{j+1}^T \mathbf{p}_j &= -(\mathbf{b} - A \mathbf{x}_j - \alpha_j A \mathbf{p}_j)^T \mathbf{p}_j \\
&= \mathbf{r}_j^T \mathbf{p}_j - \alpha_j (\mathbf{p}_j^T A \mathbf{p}_j) = 0.
\end{aligned}$$

When  $i < j + 1$ , we have

$$\begin{aligned}
\mathbf{r}_{j+1}^T \mathbf{p}_i &= -(\mathbf{b} - A \mathbf{x}_j - \alpha_j A \mathbf{p}_j)^T \mathbf{p}_i \\
&= -\mathbf{r}_j^T \mathbf{p}_i + \alpha_j \mathbf{p}_j^T A \mathbf{p}_i = 0,
\end{aligned}$$

which ends the proof.  $\square$

The conjugate gradient method is based on a genius idea of choosing the conjugate gradient directions. Specifically, let

$$\mathbf{p}_0 = -\mathbf{r}_0 = \mathbf{b} - A \mathbf{x}_0.$$

The intermediate search directions are given by

$$\mathbf{p}_k = -\mathbf{r}_k + \beta_k \mathbf{p}_{k-1},$$

where  $\beta_k$  is chosen such that  $\mathbf{p}_k^T A \mathbf{p}_{k-1} = 0$  or in other words

$$\beta_k = \frac{\mathbf{r}_k^T A \mathbf{p}_{k-1}}{\mathbf{p}_{k-1}^T A \mathbf{p}_{k-1}}.$$

Interesting, we can show that  $\mathbf{p}_k$  is also conjugate to previous directions. Formally speaking, we summarize the properties in the following theorem:

**Theorem 2.1.** *Suppose that the  $k$ th iterate generated by the conjugate gradient method is not the solution point  $\mathbf{x}^*$ . The following four properties hold:*

$$\mathbf{r}_k^T \mathbf{r}_i = 0, \quad \text{for } i = 0, 1, \dots, k-1, \quad (3)$$

$$\text{span}\{\mathbf{r}_0, \mathbf{r}_1, \dots, \mathbf{r}_k\} = \text{span}\{\mathbf{r}_0, A\mathbf{r}_0, \dots, A^k \mathbf{r}_0\}, \quad (4)$$

$$\text{span}\{\mathbf{p}_0, \mathbf{p}_1, \dots, \mathbf{p}_k\} = \text{span}\{\mathbf{r}_0, A\mathbf{r}_0, \dots, A^k \mathbf{r}_0\}, \quad (5)$$

$$\mathbf{p}_k^T A \mathbf{p}_i = 0, \quad \text{for } i = 0, 1, \dots, k-1. \quad (6)$$

Therefore, the sequence  $\{\mathbf{x}_k\}$  converges to  $\mathbf{x}^*$  in at most  $n$  steps.

**Proof.** The proof is by induction. The expressions (4) and (5) holds trivially when  $k = 0$ . In addition, by construction  $\mathbf{p}_1^T A \mathbf{p}_0 = 0$  so (6) also holds when  $k = 1$ . Now suppose (3)-(6) hold for all  $j \leq k$ . Now consider  $k + 1$ . Since  $\mathbf{p}_0, \dots, \mathbf{p}_k$  are conjugate directions, we conclude that

$$\mathbf{r}_k^T \mathbf{p}_i = 0, \quad 0 \leq i \leq k.$$

We first show that

$$\alpha_k \neq 0.$$

Suppose  $\alpha_k = 0$ , this means

$$\begin{aligned} 0 &= \mathbf{r}_k^T A \mathbf{p}_k \\ &= \mathbf{r}_k^T A (-\mathbf{r}_k + \beta_k \mathbf{p}_{k-1}) \\ &= -\mathbf{r}_k^T A \mathbf{r}_k + \frac{1}{\alpha_{k-1}} \mathbf{r}_k^T (\mathbf{r}_{k-1} - \mathbf{r}_{k-2}) \\ &= -\mathbf{r}_k^T A \mathbf{r}_k. \end{aligned}$$

Since  $A$  is positive semidefinite, it means  $\mathbf{r}_k = 0$ , which leads to a contradiction.

We then consider (4) and (5). Since  $\mathbf{r}_{k+1} = \alpha_k A \mathbf{p}_k + \mathbf{r}_k$ . As by induction  $\mathbf{p}_k \in \text{span}\{\mathbf{r}_0, A\mathbf{r}_0, \dots, A^k \mathbf{r}_0\}$ . It follows that  $\mathbf{r}_{k+1} \in \text{span}\{\mathbf{r}_0, A\mathbf{r}_0, \dots, A^{k+1} \mathbf{r}_0\}$ . This means

$$\text{span}\{\mathbf{r}_0, \mathbf{r}_1, \dots, \mathbf{r}_{k+1}\} \subset \text{span}\{\mathbf{r}_0, A\mathbf{r}_0, \dots, A^{k+1} \mathbf{r}_0\}.$$

In addition, since  $\mathbf{p}_{k+1} = -\mathbf{r}_{k+1} + \beta_{k+1} \mathbf{p}_k$ , it follows that

$$\text{span}\{\mathbf{p}_0, \mathbf{p}_1, \dots, \mathbf{p}_{k+1}\} \subset \text{span}\{\mathbf{r}_0, A\mathbf{r}_0, \dots, A^{k+1} \mathbf{r}_0\}.$$

To prove the inverse. Let

$$A^k \mathbf{r}_0 = c_0 \mathbf{r}_0 + \dots + c_k \mathbf{r}_k.$$

It follows that

$$\begin{aligned}
A^{k+1}\mathbf{r}_0 &\in \text{span}\{A\mathbf{r}_0, \dots, A\mathbf{r}_k\} \\
&\in \text{span}\{A\mathbf{r}_0, A(\beta_1\mathbf{p}_0 - \mathbf{p}_1), \dots, A(\beta_k\mathbf{p}_{k-1} - \mathbf{p}_k)\} \\
&\in \text{span}\{A\mathbf{p}_0, A\mathbf{p}_1, \dots, A\mathbf{p}_k\} \\
&\in \text{span}\left\{\frac{(\mathbf{r}_1 - \mathbf{r}_0)}{\alpha_0}, \frac{(\mathbf{r}_2 - \mathbf{r}_1)}{\alpha_1}, \dots, \frac{(\mathbf{r}_{k+1} - \mathbf{r}_k)}{\alpha_k}\right\} \\
&\in \text{span}\{\mathbf{r}_0, \dots, \mathbf{r}_{k+1}\} \\
&\in \text{span}\{\mathbf{p}_0, \beta_1\mathbf{p}_0 - \mathbf{p}_1, \dots, \beta_{k+1}\mathbf{p}_k - \mathbf{p}_{k+1}\} \\
&\in \text{span}\{\mathbf{p}_0, \mathbf{p}_1, \dots, \mathbf{p}_{k+1}\}
\end{aligned}$$

Now we show that

$$\mathbf{r}_{k+1}^T \mathbf{r}_i = 0, \quad 0 \leq i \leq k.$$

In fact,

$$\mathbf{r}_{k+1}^T \mathbf{r}_i = \mathbf{r}_{k+1}^T (\beta_i \mathbf{p}_{i-1} - \mathbf{p}_i) = \beta_i (\mathbf{r}_{k+1}^T \mathbf{p}_{i-1}) - \mathbf{r}_{k+1}^T \mathbf{p}_i = 0.$$

Finally, for  $0 \leq i \leq k$ ,

$$\mathbf{p}_{k+1}^T A\mathbf{p}_i = (-\mathbf{r}_{k+1} + \beta_{k+1}\mathbf{p}_k)^T A\mathbf{p}_i = -\mathbf{r}_{k+1}^T A\mathbf{p}_i = -\mathbf{r}_{k+1}^T \left(\frac{\mathbf{r}_i - \mathbf{r}_{i-1}}{\alpha_i}\right) = 0.$$

□

Conjugate gradient methods require computing two constants

$$\beta_k = \frac{\mathbf{r}_{k+1}^T A\mathbf{p}_k}{\mathbf{p}_k^T A\mathbf{p}_k}, \quad \alpha_k = -\frac{\mathbf{r}_k^T \mathbf{p}_k}{\mathbf{p}_k^T A\mathbf{p}_k}.$$

Note that

$$\mathbf{r}_k^T \mathbf{p}_k = -\mathbf{r}_k^T (-\mathbf{r}_k + \beta_k \mathbf{p}_{k-1}) = \mathbf{r}_k^T \mathbf{r}_k.$$

Moreover,

$$\begin{aligned}
\beta_k &= \frac{\mathbf{r}_{k+1}^T A\mathbf{p}_k}{\mathbf{p}_k^T A\mathbf{p}_k} = \frac{\mathbf{r}_{k+1}^T A\mathbf{p}_k}{\mathbf{p}_k^T A(-\mathbf{r}_k + \beta_k \mathbf{p}_{k-1})} = -\frac{\mathbf{r}_{k+1}^T A\mathbf{p}_k}{\mathbf{r}_k^T A\mathbf{p}_k} = -\frac{\mathbf{r}_{k+1}^T (\alpha_k A\mathbf{p}_k)}{\mathbf{r}_k^T (\alpha_k A\mathbf{p}_k)} \\
&= -\frac{\mathbf{r}_{k+1}^T (\mathbf{r}_{k+1} - \mathbf{r}_k)}{\mathbf{r}_k^T (\mathbf{r}_{k+1} - \mathbf{r}_k)} = \frac{\mathbf{r}_{k+1}^T \mathbf{r}_{k+1}}{\mathbf{r}_k^T \mathbf{r}_k}.
\end{aligned}$$

Finally, we arrive at the standard form of conjugate gradient descent method:

- Given  $\mathbf{x}_0$ ;
- Set  $\mathbf{r}_0 = A\mathbf{x}_0 - \mathbf{b}$ ,  $\mathbf{p}_0 \leftarrow -\mathbf{r}_0$ ,  $k \leftarrow 0$ ;
- while  $r_k \neq 0$ 
  - $\alpha_k \leftarrow \frac{\mathbf{r}_k^T \mathbf{r}_k}{\mathbf{p}_k^T A\mathbf{p}_k}$ ;
  - $\mathbf{x}_{k+1} \leftarrow \mathbf{x}_k + \alpha_k \mathbf{p}_k$ ;
  - $\mathbf{r}_{k+1} \leftarrow \mathbf{r}_k + \alpha_k A\mathbf{p}_k$ ;
  - $\beta_{k+1} \leftarrow \frac{\mathbf{r}_{k+1}^T \mathbf{r}_{k+1}}{\mathbf{r}_k^T \mathbf{r}_k}$ ;
  - $\mathbf{p}_{k+1} = -\mathbf{r}_{k+1} + \beta_{k+1} \mathbf{p}_k$ ;
  - $k \leftarrow k + 1$ ;
- end (while)

## 2.1 Convergence Rate of CG

One thing is analyze the convergence of CG is to utilize the fact that  $\mathbf{x}_{k+1}$  is the approximation of  $\mathbf{x}^*$  in  $\mathbf{x}_0 + \text{span}(\mathbf{r}_0, A\mathbf{r}_0, \dots, A^k\mathbf{r}_0)$ . Define

$$P_k(A) = \gamma_0 I + \gamma_1 A + \dots + \gamma_k A^k,$$

where  $\gamma_0, \gamma_1, \dots, \gamma_k$  are coefficients. It turns out  $\mathbf{x}_{k+1}$  is given by the best degree  $k$  polynomial that solves the following optimization problem:

$$\min_{P_k} \|\mathbf{x}_0 + P_k(A)\mathbf{r}_0 - \mathbf{x}^*\|_A^2.$$

Let  $P_k^*(A)$  be the best polynomial, we have that

$$\mathbf{x}_{k+1} - \mathbf{x}^* = \mathbf{x}_0 + P_k^*(A)\mathbf{r}_0 - \mathbf{x}^* = (I + P_k^*(A)A)(\mathbf{x}_0 - \mathbf{x}^*).$$

Let  $\mathbf{v}_i, 1 \leq i \leq n$  be the eigen-vectors of  $A$ . Write

$$\mathbf{x}_0 - \mathbf{x}^* = \sum_{i=1}^n \psi_i \mathbf{v}_i.$$

It follows that

$$\|\mathbf{x}_{k+1} - \mathbf{x}^*\|_A^2 = \sum_{i=1}^n \lambda_i (1 + \lambda_i P_k^*(\lambda_i))^2 \psi_i^2.$$

So we have

$$\|\mathbf{x}_{k+1} - \mathbf{x}^*\|_A^2 = \min_{P_k} \sum_{i=1}^n \lambda_i (1 + \lambda_i P_k(\lambda_i))^2 \psi_i^2.$$

It follows that

$$\|\mathbf{x}_{k+1} - \mathbf{x}^*\|_A^2 \leq \min_{P_k} \max_{1 \leq i \leq n} (1 + \lambda_i P_k(\lambda_i))^2 \|\mathbf{x}_0 - \mathbf{x}^*\|_A^2.$$

By choosing different polynomials, we can have different types convergence bounds. In the literature, people have obtained the following bounds:

$$\|\mathbf{x}_{k+1} - \mathbf{x}^*\|_A^2 \leq \left( \frac{\lambda_{k+1} - \lambda_n}{\lambda_{k+1} + \lambda_n} \right)^2 \|\mathbf{x}_0 - \mathbf{x}^*\|_A^2 \quad (7)$$

and

$$\|\mathbf{x}_{k+1} - \mathbf{x}^*\|_A^2 \leq \left( \frac{\sqrt{\kappa(A)} - 1}{\sqrt{\kappa(A)} + 1} \right)^{k+1} \|\mathbf{x}_0 - \mathbf{x}^*\|_A^2. \quad (8)$$