

STUDY HACKS

A comprehensive list of study tips and tricks for your next exam!



MAKE A PLAN

Before you start studying, come up with a study plan to follow until your exam. Break up tasks into smaller subtasks and spread them out throughout your days. Try to study a little bit everyday and pace yourself. This will help prevent procrastination and cramming at the last minute!



UNPLUG

This can be a bit tricky since most students use their computers for their homework. Turn "Do Not Disturb" on your phone and use apps such as Pomodoro to limit your usage on certain websites when you're studying. The Pomodoro Technique is 25 minutes of focused studying followed by a 5 minute break.



REVIEW YOUR NOTES AFTER CLASS

Look over your notes each night to make sure you thoroughly understood it. Fill in any details, star or highlight the important bits of information, and jot down any questions you may still have to bring to office hours. Interacting with your notes will help you remember them.



START SMALL

If you've got a big assignment looming over your head, stay motivated by completing a small piece of the assignment at a time. Write 1 paragraph each night. Or, do 5 problems from your problem set at a time.



FORM STUDY GROUPS

Find a few people you can contact from each of your classes if you have a homework question or had to miss class. Then, when it comes to studying for exams, you'll already have a study group!